

Risdene Academy

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School Business Manager: Mrs S. Bell

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Dear Parents/Carers,

We are delighted to be able to offer Year 6 children the chance to participate in Bikeability Level 1 & 2 Cycle Training in school on **Tuesday 6th March**.

Bikeability is designed to give young people the skills and confidence to cycle on today's challenging roads. The course is designed nationally to improve cycle control, safety and road positioning. Your child must already be competent to ride a bike and be ready to develop their skills to be safe on the road.

- **Level 1** - Children will demonstrate the skills and understanding to be able to make a trip and undertake activities safely in a motor traffic free environment. This will take place in the school playground.

If the children demonstrate the skills required in the 2 hours of training provided under the National Framework, they will be able to progress to Level 2. If the skills are not demonstrated the Instructors are not able to allow an individual child to progress to Level 2 and feedback will be given.

- **Level 2** – On completion children will be able to demonstrate the skills and understanding to be able to make a trip to school, work or leisure on quiet roads.

There are 24 places available; therefore if you wish your child to take part please read the **Parent Information-Pre Course Checklist** and complete the consent form and return it to school as soon as possible. More information about the Bikeability scheme can be found at www.bikeability.org.uk or at www.northamptonshiresport.org

Yours sincerely

Mrs Oliver

*Going beyond the expected with **PRIDE***
Positivity Respect Integrity Determination Excellence