

# Risdene Academy

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School Business Manager: Mrs S. Bell

21<sup>st</sup> November 2016



Dear Parents / Guardians,

We are very fortunate to have the Solve It team coming to visit the Year 5 and 6 classes on Thursday 24<sup>th</sup> November.

Solve It is a charity that works across Northamptonshire delivering workshops as part of their 3-2-1 Decision Making Project. Within the workshops the children will look at decision making and what influences our decisions. Through scenarios the children will be encouraged to think about what they would do in different situations. During the session they will discuss risks and risk taking and then briefly discuss products that are legal but not necessarily safe i.e. - over the counter medication, prescription drugs, high energy drinks, alcohol, cigarettes and e-cigarettes.

The children will be given information about solvent abuse including aerosols, gases and glues, again helping them to understand that they are legal and readily available, but safe only when used as intended. Another activity will help children to recognise the signs of feeling scared and how to understand their bodies' reactions to difficult situations. Finally, the workshop will end with encouraging the children to Stop, Think and Make good decisions.

This is a fantastic opportunity for the children to have and I'm sure that they will all enjoy partaking in the workshops which will give them a greater awareness about making good decisions.

If you have any questions concerning this workshop, then please come and speak to me.

Kind regards,

Mrs Moody  
Year 5 Teacher

*Going beyond the expected with **PRIDE***

*Positivity Respect Integrity Determination Excellence*